

COMMUNITY RESOURCE GUIDE 2024-25



MADISON COUNTY

FOR MORE COPIES OF THIS RESOURCE GUIDE,

CALL (573) 783-2747

Revision: 07/2024

This Resource Guide is Published by:
Madison County Health Department
 105 Armory St.
 Fredericktown, MO 63645
 573-783-2747/573-783-8039 Fax
 www.madisoncountymohealth.com

Our Mission

Madison County is a historical community of people who strive to live, work and play in a safe, healthy, environment.



Kids Run Better Unleaded,
 Get Your Child's Lead Tested Today

United Way • Missouri
2-1-1
 Get Connected. Get Answers.

FIND HELP / GIVE HELP

**A service now available
 in Madison County**

Supported by Missouri Foundation for Health

Call 2-1-1 NOT for fire, police or emergency needs, but to connect with people for available community resources and volunteer opportunities. By simply dialing 2-1-1 you can now make one call to find or give help. No more wasted time trying to find the right resource. You will reach a trained, caring professional **7 days a week, 24 hours a day**. Call for needs of food pantry; utility assistance; help for a child with a learning impairment; loss of power and needing temporary shelter; frightened spouse seeking safe haven; counseling information; day care information; senior adult wanting to volunteer; employment services; information on a way out of debt.



1-800-292-4636

For More Info Call Toll-Free

Family Size (Family size includes)	Maximum YEARLY Family Income			
	2	3	4	5
INCOME (Subject to change)	\$30,251	\$38,214	\$46,176	\$54,138

COMMUNITY INFORMATION SERVICES

- City Hall: Fredericktown(573)783-3683 Marquand (573)783-7780
- Black River Electric: 2600 US-67 Fredericktown (888)461-2667
- Madison County Court House: 1 Court Square, Fredericktown (573)783-2176
- Madison County Emergency Management: For Disaster Assistance (573)783-0189
- Madison County Sheriff Dept: 124 N. Main St., Fredericktown (573)783-2234
- Fredericktown License Office: 26 Court Square, (573)561-5565
- Fredericktown Light & Water: 124 W. Main St. (573)783-2154
- Ozark Regional Library: 115 S. Main St., Fredericktown (573) 783-2120
- The Democrat News: 131 S. Main St., Fredericktown (573)783-3366

COMMUNITY ORGANIZATIONS

- East Missouri Action Agency (EMAA):** Fredericktown (573)783-5226
 Park Hills (573)431-5191, 1(800)392-8663
- Head Family Cancer Transportation Project:** Provides travel reimbursement for cancer treatment for patients from Madison County. Contact Madison County Health Department at (573) 783-2747.
- Madison County Caring Council:** Businesses and organizations that work together on different projects for the betterment of the Madison County Communities. Contact Madison County Health Department at (573) 783-2747 for more information, Meets Every 2nd Tues.at 8:30am

- Matthew 7:12 Ministry:** 12 Cap America Dr. Fredericktown (573)300-3401 Ministry that offers medical equipment, meal boxes, youth supplies, & more
- Salvation Army:** (573)783-5226 @ EMAA
- University of Missouri Extension Office:** 8 Court Square, Fredericktown (573)783-3303

DENTAL SERVICES

- Upward Smiles, Inc.:** 2820 Anchor Drive, Farmington, MO 63640 and 660 N. Creek Dr., Festus, MO 63028 For more information, call toll free (855) 944-KIDS (5437) or (573) 327-8010 Dental screenings, preventative seals and restorative care for Medicaid children ages 2-20 and pregnant women. Offering deep sedation and nitrous oxide if required.
- Crosstrails Dental Clinic:** 109 Hwy 51 N, Marble Hill, MO 63764 (573) 238-2725 Dental screenings, preventative seals, fillings. Accepts Medicaid/ Missouri Health Net and sliding fee payment scales. www.crosstrails.us
- Elks Dental Care Program:** 1-816-404-6904 Dental care for Missouri Crippled Children's services, mentally retarded/developmentally disabled adults/children.
- Fredericktown Family Dental:** 731 W Main St., Fredericktown (573)783-4100
- Great Mines Health Center Dental Services:** Two convenient locations: 508 W. Pine St., Farmington, MO 63640 (573) 664-1100 or #1 Southtowne Dr., Potosi, MO 63664 (573) 438-8401 Providing Medicaid dental services to those who qualify. Accepting most insurance plans.

DISABILITIES

Adult Brain Injury Program: Madison County Health Dept., 105 Armory St. Fredericktown (573)783-2747x402/(573)944-2351 Provides service coordination and paid services for adults ages 21-65 with Traumatic Brain Injuries.

Alzheimer's Association: (314)432-3422 or (800)272-3900

Ashley's Place: 1610 W Hwy 72, Fredericktown(573)783-9707

Adult Day Care Center

BJC Behavioral Health Deaf Services: 1(877)729-4004

Brain Injury Association-Missouri: (800)444-6443 or (314)426-4024

Catholic Charities of Southern Missouri: 231 Main St., Cape Girardeau, (573) 335

-0134/(573) 335-0905 Programs & Services: Homelessness Prevention, Supportive Services for Veterans and their families, LifeHouse Crisis Maternity Home, Services for the Developmentally disabled, Home Repair & Rebuilding for Disaster Survivors, Seniors and Low-Income Families, Disaster Response and Long-Term Recovery, Healthy Moms, Healthy Babies Program, Housing and Financial Counseling, Mental Health and Family Counseling, Housing Re-Entry Program, Good Finds Resale Shop
Children & Youth with Special Health Care Needs: Madison County Health Department-Jenny Sikes 105 Armory St. Fredericktown (573) 783-2747x403
Authorized in-home medical services for Missouri Medicaid children.

Department of Mental Health: (800) 364-9687 Offices throughout the state that can help with developmental disabilities.

Easter Seals Midwest Autism Services: 611 N. Fountain St., Cape Girardeau (573)339-9300. Training for professionals, parents and families with children on the autism spectrum; residential services, employment support, family support, recreational programs and respite care.

First Steps: 701 E. Main, Jackson (573)243-3222 Missouri's early intervention program available to all eligible children ages birth - three with developmental concerns. (small fee may apply)

Greater Heights Adult Day Health Care: 719 Maple Street, Farmington, MO 63640 (573)756-7554 For handicapped and mentally disabled.

Hope 4 Autism: 117 E. Columbia St., Farmington (573)664-1711

www.hop4autism.com Teens & adults with autism can practice their social skill & gain work experience that will present them more opportunities for employment.

L.I.F.E. Center for Independent Living: 725 E. Karsch Blvd. Farmington (573)756-4314/(800)596-7273 **www.lifecilmo.org** Services for any age person with disabilities. Information/Referral services, peer support, advocacy, independent living skills training, employment services, equipment loan, personal attendant services, ramp/home modifications, adaptive telephone program and social security benefits specialist. Meds assistance program. Transportation program.

Madison County Council for Developmentally Disabled: 610 S. Chamber Dr., Fredericktown (573) 783-3770 Services are Individualized Supported Living, Service Coordination, Personal Assistance, Community Integration, Transportation, Respite, and Family Support & Resources <http://mccdd.org>

Madison County Service Coordination: 140 S. Main St. Fredericktown (573)783-4451 MCSC is a nonprofit agency that provides resources & supports to residents & families of Madison & Bollinger Counties with developmental disabilities.

Madison County Sheltered Workshop: 425 Chamber Dr., Fredericktown (573)783-3770 Provides dignified employment opportunities to disabled adults.

Missouri Assistive Technology: (816)655-6700 **at.mo.gov**

Missouri Protection and Advocacy Services: 800-392-8667 or 866-777-7199, TDD 800-735-2966 925 S. Country Club Dr., Jefferson City, Mo. 65109

Locally advocates, protects rights, and provides legal services for the disabled.

OVCS (Ozark Valley Community Service): 310 S. Shepherd St., Ironton (PO Box 156) 63650 (573) 546-2418

Supervised living, supported living, off-site day habilitation, and transportation services for people with developmental/physical disabilities.

Rehabilitation Service for the Blind: 106 Arthur, Ste E, Sikeston, MO 63801 (573) 472-5240 Vocational rehabilitation for the blind and preschool services for blind children.

Social Security Administration: 507 E Main, Park Hills, MO (877)622-9009 Retirement, survivors & disability insurance, Medicare, supplemental security income for the aged, blind, and persons with disabilities.

Vocational Rehabilitation: (573) 218-6100 (800) 640-7110, 901 Progress Dr., Suite 100, Farmington, MO 63640 - Provides employment/job training assistance for individuals with disabilities.

EDUCATION/JOB TRAINING

After School Programs: Contact your local school district.

Dress 2 Impress Resale: 117 E. Columbia St. Farmington (573)664-1711 Offers a Free Interview attire program to help individuals in need of assistance to step out in confidence toward their career goals.

The Excel Center-Goodwill: Cape Girardeau (573)271-5220 Earn high school diploma for Free adults 21+, www.mersgoodwill.org

Fredericktown R-1 School District: (573)783-2750

Madison County Head Start: 600 S. Chamber Dr. Fredericktown (573)783-7112

A comprehensive program to meet the emotional, social, health, nutritional, and psychological needs of children ages 3 to kindergarten entry.

L.I.F.E. Employment Solutions: 725 E. Karsch Blvd., Farmington, Mo. (573)756-4314 Ticket to work program specializing in accurate information about how employment income will affect federal/state benefits (SSDI, SSI, Medicare, Medicaid, etc.)

Manpower: 1739 N. Kingshighway St., Cape Girardeau (573)339-8600 Provides testing, job counseling, and temporary/permanent job placement.

Marquand Zion School District: (573)783-3388

Military Recruitment Offices:

Air Force: 3019 William St. Cape Girardeau (573)979-3009

Army: 560 Walmart Drive, Farmington (573) 705-3250

Army Reserves Center: Hwy 67S & Hwy W, Farmington (573) 756-3129

Marine Corps: 560 Walmart Drive, Farmington (573) 756-6763

National Guard: 104 Armory St., Fredericktown (573)783-3361

Navy: 696 Walmart Drive, Farmington (573) 756-5156

Space Force: 901 S. DR. Bldg. 700E, Scott AFB, IL (618)751-2130

Mineral Area College: 5270 Flat River Road, Leadington (573)431-4593

Fredericktown Campus: 1450 Madison 517, (573)783-7932

Offers Arts & Science degrees as well as numerous Career and Tech/Prep degrees and certificates. Student aid programs available.

Missouri Career Center: 403 Parkway Dr., Suite A, Park Hills (573) 518-2431

Employment training, skills assessment, One Stop Missouri Career Center. Services for dislocated workers, outreach to veterans, migrant/seasonal farm workers and low-income individuals, proof of identity, & filing for unemployment.

ParentLink University of Missouri: (800)552-8522 or (573)882-7323, text 585-family1 or email: parentlink@missouri.edu Resource center for parents and caregivers, connect to community resources and apply for state aid.

Parents As Teachers: (573)783-8677 Assists parents role as their child's first teacher.

Preferred Employment Services: 903 Chestnut St., Suite D. Desloge (573)431-5507 Employment, resume services and permanent job placements. Assisting families with barriers to employment and disabilities.

Proman: 902 Progress Dr. Farmington (573)756-6700 Provides testing, job counseling, and temporary/full-time job placement.

Ranken Technical College: 1907 N Perryville Blvd. Perryville, ranken.edu/southeast (314)286-3382 Technical school with programs in HVAC, IT, diesel mechanics, welding , DCL truck driving & industrial maintenance.

Skill Up Program:

UniTec Career Center: Students call (573)431-3300 x7 opt.1. For Adult Education call (573)431-3300 x7 opt 2. GED preparation & ESL classes to persons 16 and older. Tuition classes include adult evening tech prep/vocational classes.

University of Missouri Extension Office: 8 Court Square, Fredericktown (573)783-3303 Educational services & resources including handouts for horticulture/gardening, agronomy/soil study, livestock, cooperative for feral hog control, community well-being, nutrition & health. Parenting, and youth 4H programs.

Vocational Rehabilitation: 901 Progress Dr., Suite 100, Farmington (573)218-6100 Provides employment/job training, assessment and assistance for individuals with disabilities.

FAMILY SERVICES / HOUSING

Catholic Charities of Southern Missouri: 937 Broadway Ste 304, Cape Girardeau, (573) 335-0134/(573) 335-0905 Programs & Services: Homelessness Prevention, Supportive Services for Veterans and their families, Life House Crisis Maternity Home, Services for the Developmentally disabled, Home Repair & Rebuilding for Disaster Survivors, Seniors and Low-Income Families, Disaster Response and Long-Term Recovery, Healthy Moms, Healthy Babies Program, Housing and Financial Counseling, Mental Health and Family Counseling, Housing Re-Entry Program, Good Finds Resale Shop

Children's Advocacy Center of East Central Missouri: (573) 756-4148

Farmington office / (636) 586-1806 DeSoto office / (636) 584-0222 Union office.

Sexual abuse forensic interviews and exams, victim advocacy, mental health referrals, education regarding serious child abuse, collaboration among agencies. Children are referred by law enforcement agencies or Children's Division.

FAMILY SERVICES / HOUSING (cont.)

Children's Division: 140 Staples, Park Hills , (573) 431-6592 Investigation of Child Abuse, Foster Care, Family Centered Services, Family Preservation Services, Adoptions. Child Abuse Hotline: (800) 392-3738

Community Support Specialist: (866)583-2392 Help for families with child care, resources, & contacting first steps.

East Missouri Action Agency Housing Department: 107 Industrial Drive Park Hills (800) 392-8663 / (573) 431-5191 Ext. 1179 **Fredericktown Office , 123 N Mine La Motte Ave., Fredericktown (573) 783-5226** www.eastmoaa.org • Head Start • Weatherization • Section 8 HUD rental assistance • Family Planning • Energy Assistance.

Family Support Division: 140 Staples, Park Hills (573) 431-6592/(855)373-4636 Medical Financial Assistance, Temporary Financial Aid, Food Stamps, Day Care Financial Assistance

Habitat for Humanity: 403 W. Columbia St., Farmington, MO 63640 (573) 760-1702 Assisting low-income families of reaching their dream of owning a home. Providing volunteer service for people wanting to make a difference in people's lives or complete community service hours.

Parent Link: (800) 552-8522 Text 585-FAMILY1 Information service answering questions about parenting, child development, Support, Advice, etc.

Safe at Home: Address Confidentiality Program 1-866-509-1409

SEMO Family Violence Council — A Friend's Place: (Domestic Violence Shelter) (573) 358-3913 **24 Hour Crisis Hotline (800) 663-9929.** Domestic violence crisis intervention, support groups, information and referrals, child advocacy, court advocacy, outreach support groups, parenting classes, sexual assault advocate.

Shared Blessings: Homeless shelter (573) 358-2998.

USDA Rural Development: 812 Progress Drive, Farmington, MO 63640 (573) 756-6413 ext. 4 Housing loans for low - moderate income, housing repair grants/loans for very low income, housing/rental assistance program information.

FOOD PANTRIES

Faith Family Worship Center: 600 Sargent Drive, Fredericktown Thursday 8 am-12 PM (573) 783-6680

Madison County Food Pantry: 715 Star Lane, Fredericktown Tues & Thurs. Noon-2 pm. (573)783-9318

Harvest Of Hope Food Pantry: 12 Cap America Drive, Fredericktown Mon-Fri. Call for (573)-300-3401 for emergency assistance

Marquand First Baptist Church: Marquand, MO 3rd Friday of every month 9am-Noon (573)944-4356

FREE MEALS

Compassion Café: Once a Month, (573)783-1400 watch for advertising on dates and times. www.compassion-café.com/

MUM's: Memorial United Methodist Church 425 North Street, Farmington, MO(573) 756-4565. Free meals every Wednesday 5:30 p.m. Everyone welcome!

Our Father's Table: St. Joseph Catholic Church 3 S. Carlton, Farmington, MO, in the gym. (573)756-4250. Free meals 3rd Sunday every month 4:00 to 6:00 p.m. Everyone welcome!

HEALTH

Alzheimer's Association: (800) 272-3900 24/7 Helpline to speak to trained staff and volunteers qualified to answer questions about all aspects of dementia, care consultation, support groups, MedicAlert Safe Return, early stage programs, family education, respite care assistance, community education, family support, advocacy, Memory Walk.

Asthma & Allergy Foundation of America: 1500 S. Big Bend Blvd., Ste. 15, St. Louis (314)645-2422 Serves those affected by asthma & allergies through education, support and resources.

Birthright of Cape Girardeau: 2633 Hopper Rd, Cape Girardeau (573)355-0750

Breast Health Care Center at Missouri Baptist Medical Center 3023 North Ballas Road, Building D, Suite 630, St. Louis, MO (314) 996-7550 Provides a full range of breast health services, from screening and diagnostic mammography to treatment, all in a pleasant, well-equipped facility. Maternity Home,

Services for the Developmentally disabled, Home Repair & Rebuilding for Disaster Survivors, Seniors and Low-Income Families, Disaster Response and Long-Term Recovery, Healthy Moms, Healthy Babies Program,

Down Syndrome Association of Greater St. Louis: 1300 Strassner Dr., Brentwood (314)961-2054 Committed to serve, support and celebrate the lives of all individuals with Down Syndrome & their families through every stage of their life.

Gateway To Hope: 845 N. New Ballas Court, Suite 380, St. Louis, MO. 63141 (314) 569-1113, info@gthstl.org, www.gthstl.org. Arranges comprehensive treatment for uninsured and underinsured low income individuals diagnosed with breast cancer, as well as those genetically at high risk for the disease, who are not eligible for state or federally funded care.

Great Mines Health Center: 508 W. Pine St., Farmington (573)664-1100; 1 Southtowne Dr., Potosi, MO (573)438-9355, gmhc@gmhc.org Family practice clinic, sliding fee scale.

Lifeline (BJC Home Health Care): (866) 674-9900, ext. 4405 Fee-based personal response and support services.

Madison County Health Department: 105 Armory St., Fredericktown (573) 783-2747 Services include **Business Services:** *Health Fairs; Birth/Death Certificates; Children's Health Care:* Children with Special Health Care Needs; **Chronic Disease Prevention:** *Diabetes Services, Blood Pressure Screenings, Laboratory Blood Draw, Injectable Meds, Registered Dietician Services* **Community Services:** *Emergency Preparedness, Head Family Cancer Transportation Reimbursement Fund, Ready n Three, Adult Brain Injury Program* **Communicable Diseases:** *Tuberculosis Program, STD/HIV Prevention, Head Lice Prevention* **Lead Poisoning Prevention:** *Childhood Lead Poisoning Testing & Prevention, Voluntary Institutional Control Planning, Lead Soil Prevention & Control Measures;* **Immunizations:** *Infant/Childhood Vaccines & Adult Vaccines* **Women's Health:** *Family Planning (EMAA), Prenatal Case Management, Show-Me Healthy Women, Wise Woman Program, Breast & Cervical Cancer Prevention, Pregnancy Testing, Women, Infant, & Children (WIC):* Nutrition Education, Fluoride Varnish Treatments, *Community Breastfeeding Support & Supplies (Breast pumps, etc.).*

Madison Medical Center Urgent Care Clinic: 611 W. Main St., (573)783-4111 Monday -Friday 10am-7pm

Parkland Pregnancy Resource Center: 815 E. Main St., Park Hills (573) 431-6001 Pregnant women care, support, resources. Free pregnancy testing, free first trimester ultrasound, classes on parenting, sexual integrity, and fatherhood. Maternity and baby items. **24 hour pregnancy crisis hotline: (800) 395-HELP.**

Partnership for Prescription Assistance: (888) 477-2669 www.pparx.org Assistance in finding a prescription medication program. Income guidelines may apply. Call for more information.

Prescription Drug Assistance: Regional Healthcare Foundation, 1420 Hope Dr., Dexter, MO (573) 624-1607 Program to help those who find it difficult to afford their costly medicines.

Women's Wellness Center /Family Planning: East Missouri Action Agency – Services provided at Madison County Health Department 105 Armory St., Fredericktown every 3rd Tuesday of the month. Call (573) 454-2201 or (800) 392-8663 Ext 1121. **Family Planning Services:** Reproductive healthcare services and education. Exams, screenings & contraceptive services. Pregnancy, HIV and STD testing.

HOME HEALTH SERVICES

A1 Home Care & Adult Day Habilitation Center: 400 M C Black Rd., Bonne Terre (573)358-7755 www.a1-homecare.com

Caring Hands In-Home Care: 340 N Chamber Dr. Fredericktown, (573)440-5060 **Covenant Care Service, L.L.C.: 1610 W. Hwy 72, Fredericktown, (573) 783-6256** **Elara Caring: 100 Kingsburg Blvd., Fredericktown, (573)783-7231**

L.I.F.E. Center for Independent Living: 725 E. Karsch Blvd, Farmington (573)756-4314/(800)596-7273 lifecilmo.org In home services such as personal care for veterans, Medicaid & private pay including assistive technology & recycle/reused durable medical equipment.

Veterans Home Care, LLC: 11861 Westline Industrial Dr., Suite 750, St. Louis, (888)314-6075

HOMELESS

Regional Family Crisis Center: PO Box 231, Perryville (573)547-2480
SEMO Family Violence Council — A Friend's Place: (Domestic Violence Shelter) (573) 358-3913 24 Hour Crisis Hotline (800) 663-9929. Domestic violence crisis intervention, support groups, information and referrals, child advocacy, court advocacy, outreach support groups, parenting classes, sexual assault advocate.
Shared Blessings Homeless Shelter: 518 Grove St., Bonne Terre (573)358-2998.

HOSPICE SERVICES

BJC Hospice: 757 Weber Road, Farmington, MO (573) 760-8550
Heart & Soul Hospice: 412 Cayce St. Farmington (573)756-7066
Gentiva Hospice: 4783 Flat River Rd, Ste. 100B, Farmington (573) 705-3475
Legacy Hospice: 101 Kingsbury Blvd., Fredericktown (573)783-7625
Preferred Hospice: 810 Progress Dr., Farmington, MO (573)756-9800 or 1-888-756-9802.
Serenity Hospice Care: 5272 Flat River Rd., Park Hills, MO 63601 (573) 431-0162 or (800) 876-0162, www.serenityhc.org

HOSPITALS

Mercy Hospital Jefferson: 1400 Hwy 61 South, Festus, MO 63028 (636) 933-1000, www.mercy.net/practice/mercy-hospital-jefferson
Madison Medical Center: 611 W. Main, Fredericktown, MO 63645 (573) 783-3341 www.madisonmedicalcenter.net
Parkland Health Center: 1101 West Liberty, Farmington, MO 63640 (573) 756-6451 or in Bonne Terre: 7245 Raider Road, Bonne Terre, MO (573) 358-1400 www.parklandhealthcenter.org Physician Finder: (573) 431-3338
Mercy Hospital Perry: 434 N West St., Perryville, MO 63775 (573)547-2536 www.mercy.net/practice/mercy-hospital-perry/
Ste. Genevieve County Memorial Hospital: 800 Ste. Genevieve Drive, Ste. Genevieve, MO 63670 (573) 883-2751.
www.stegenievecountymemorialhospital.org

Medical Equipment

BJC Home Medical Equipment: 301 N Washington, Ste. 3 Farmington (573)747-1075
Clay Medical Supplies: 1136 N. Desloge Dr., Desloge (573)431-5183
Healthcare Equipment & Supplies: 673 W. Karsch Blvd., Farmington (573)701-0044
Matthew 7:12: 12 Cap America Dr., Fredericktown(573)330-3401
Medical West: 119 Walker Dr., Ste. A, Farmington (573)756-7747
Parkland HealthMart Durable Medical Equipment: 1025 E Hwy 72 Bypass, Fredericktown (573)783-6000
True Care Medical Equipment: 1155 Maple St., Farmington (573)756-9911

MENTAL HEALTH / COUNSELING & TREATMENT SERVICES

Advanced Counseling Solutions: 764 Weber Rd., Farmington (573)664-1326
 Provide counseling to ages 13 & up face-to-face, phone, & video to individuals & couples to address a variety of mental & emotional concerns.
BJC Behavioral Health: Crisis Hotline Number (800)356-5395, 1085 Maple Street, Farmington, MO (573)756-5353 Individual, group and family therapy, psychiatric services, medication monitoring. Psychosocial rehab, intensive in-home services for adults and children, treatment in family homes for children, school-based services, clinical case management, employee assistance program, respite services for adults and children, family assistance services for children.
Bridge of Hope: 400 N. Washington St., Ste. 113, Farmington, MO (573) 701-9861 Provides counseling of all types tailored to the individual ages 4 yr old to adult including issues with trauma, grief, marriage, work, etc.
Carter's Clubhouse: 5272 Flat River Rd, Park Hills, (573)431-0162 A place where grieving children, ages 4-18, can share their experiences with other children with similar stories. Meetings held first Monday of each month at Serenity Hospice Care from 6:30 to 8:00 p.m. at no cost, but prior enrollment is requested.
Celebrate Recovery: Calvary Church, 1725 W Hwy 72, Fredericktown (573) 783-5731 Sundays Doors open at 5 PM, Large groups at 6 PM, Small groups at 7 PM

Children's Advocacy Center of East Central Missouri: 601 Maple St., Farmington (573)756-4148 Sexual abuse forensic interviews and exams, victim advocacy, mental health referrals, education regarding serious child abuse, collaboration among agencies. Children are referred by law enforcement agencies or Children's Division.
Community Counseling Center: 309 Garrett St., Fredericktown, MO (573) 783-4104; 406 N. Spring St., Ste. 2, Perryville, MO (573) 547-8305; 402 S. Silver Springs Road, Cape Girardeau, MO (573) 334-1100; 103 E Nathan Dr., Marble Hill, MO (573) 238-1027; Crisis Hotline: (800)356-5395 or Talk, Listen, Care warm-line (877)626-0638 24-hour on call counseling services for families where one or more children are at imminent risk of placement outside the home, out-patient counselling, psychiatry, case management, family reunification of foster children, psychosocial rehabilitation, bullying prevention, forensic division, community based solutions and peer support, emotional abuse, and ADHD. www.ccctr.com
Gibson Recovery Center: 1112 Linden St., Cape Girardeau, (573)334-5513 www.gibsonrecovery.org Detox, Residential Treatment, Transitional Housing, Medication-Assisted Treatment, Outpatient Care, Substance Awareness Traffic Offender Program (SATOP), Mobile Treatment Unit
Hafner Counseling Services, LLC: 129 E. Main St. Fredericktown (573)783-9977 Works with clients with a wide range of concerns including depression, anxiety, relationship issues, parenting problems, career challenges, OCD, Physical trauma,
Legacy Ranch: 12729 Stoney Point Rd., Bonne Terre (573)358-8703 Licensed Foster Care & Adoption Agency that works directly with Child Protective Services to find homes for children who have been abused, neglected or exploited.
Madison County Recovery Allies: 129B E. Main St. Fredericktown (573)746-1820 Providing support services for those with substance use & mental health issues in Madison County. Walk-ins Welcome Mon-Fri 8am-5pm. Open Recovery Group Thurs. 5:30pm-6:30pm. Men's Recovery Housing call (573)561-3163 and Coming Soon Women's Recovery Housing.
Dr. Richard McGraw, MSW, LCSW: 203 Cabanne Ct., Bonne Terre, MO 63628 (573)576-8881 Private Therapy Services for ages 5 & up, adults, and family therapy. In-home service available. Mo HealthNet and other private insurances accepted.
Mineral Area Community Psychiatric Rehabilitation Center (CPRC): 560 W. Pine St., Farmington, MO (573)756-2899 macprc.com Adult only. Out-patient psychiatric services for clients with varying degrees of mental illness with the goal of re-integrating into the community. Services include intake/assessment, medication service/administration, community support workers, psychosocial rehabilitation, crisis intervention and resolution.
Modern Mental Health: 151 S. Main St. Suite B, Fredericktown (573)222-0096 A small private practice which specializes in the behavioral and emotional health of children and adolescents.
My Turning Point Counseling: 530 Doss St., Farmington (573)631-5286 Counseling services for trauma, PTSD, anxiety, depression, personal life struggles, divorce, step-parenting.
NAMI (National Alliance on Mental Illness): 1-800-950-6264 www.nami.org. Provides education, support and advocacy programs and services that benefit individuals and families affected by mental illness in the community.
New Life Recovery: 600 Sargent Dr., Fredericktown (573)944-4010 Recovery Support Services, Outpatient Peer Support Services, Support Group Meetings Every Thurs. at 7PM
New Vision Drug & Alcohol Withdrawal Management: Ste. Genevieve County Memorial Hospital, 800 Ste. Genevieve, Ste. Genevieve(573)883-1165/(800)939-2273 Offers an inpatient medical stabilization service for adults with drug, alcohol or related health issues.
Occupational Drug & Alcohol Collection Solutions: 1122 E. Main St., Park Hills, (573) 431-6290 ODACS provides drug and alcohol testing, DOT compliance programs, supervisor training, paternity DNA solutions, background checks and other occupational workplace solutions.
Raising A Village: 103 Straus Dr., Park Hills (573)327-9841 Offers counseling services for adults, adolescents, families, children, group therapy and classes.

MENTAL HEALTH / COUNSELING & TREATMENT SERVICES (cont.)

Southeast Missouri Mental Health Center: 1010 W. Columbia, Farmington, MO 63640 (573)218-6792 Long-term psychiatric services. All admissions pre-arranged upon referral. Call for more information.

Southeast Missouri Behavioral Health: 1103 Weber Rd., Farmington, MO (573) 664-1629 Family counseling program, alcohol/drug treatment centers—Farmington (Aquinas) Poplar Bluff and Salem; Community Psychiatric rehabilitation program; professional and community services; Out-patient comprehensive substance abuse treatment and rehab program (CSTAR); Substance abuse treatment offenders programs (SATOP); Managed care programs-substance abuse and mental health out-patient services.

Carol Thurman, LPC, LLC, Counselor: 400 N. Washington St., Suite 210, Farmington (573) 760-3758 / Fax (573) 747-1387. Providing individual, couples, family, and group counseling for children, adolescents, and adults.

PARENTING CLASSES

BJC Behavioral Health: 1085 Maple Street, Farmington, (573) 756-5353. Basic parenting class for parents with children of all ages. Classes are in a group setting for six weeks. New classes offered approximately every three months. Cost is \$5 per class and a certificate is given upon completion.

Parkland Pregnancy Resource Center: 1565 Ste. Genevieve, Farmington, (573) 431-6001. Earn While You Learn Parenting Classes: Topics include: prenatal care, nutrition, healthy relationships, safety, infant development, discipline. Also, gently used maternity and baby products available free of charge for parent class clients. **24/7 Dad Classes:** Learn skills as you learn about yourself and important roles you have with your family. Free classes offered weekly.

Southeast Missouri Family Violence Council: P.O. Box 465, Bonne Terre, (573) 358-3913/(800)663-9929 32 bed shelter, therapy, court advocacy, case management, parenting classes

PUBLIC TRANSPORTATION

LIFE Center: Accessible Van Service (573)756-4314 Free for seniors and those with disabilities who reside in St. Francois, Madison & Ste. Genevieve counties.

Non-Emergency Medical Transport: (866)269-5927 For Medicaid/MC+ recipients. Call for fees and details.

SMTS (Southeast Missouri Transportation Service): (573)783-5505 Local and long distance transportation, wheelchair and lift services available.

SENIOR CITIZEN SERVICES

Aging Matters: 1078 Wolverine Lane, Ste. J, Cape Girardeau (573)335-3331 or (800)392-8771 Provides quality services to enhance the health, safety and well-being of persons (age 60 and over) enabling them to live in their own home for as long & independently as possible. Agingmatters2u.com

Madison County Department of Health & Senior Services 105 Armory St., Fredericktown (573)783-2747/ Jefferson City, MO (573) 751-6400

Madison County Senior Citizens Center, 107 Spruce St., Fredericktown (573) 783-5357

Meals 11:00 am-12:30 pm Monday-Friday (Donation \$5.00 age 60 and over, \$7.00 ages 60 and under), Chair Yoga on Tues. at 9am, Church service on Wednesday, Jam session Thurs. 5pm-6pm, BINGO second & fourth Fri. at Noon, free blood pressure screenings. For more information or questions call (573) 783-5357.

SMTS (573) 783-5505 / (800) 273-0646—Transportation Services

Social Security Administration 507 E. Main St. Park Hills (877) 622-9009

VA Clinic - 1580 West Columbia, Farmington (573) 760-1365

SENIOR RENTAL ASSISTED APARTMENTS/NURSING HOMES

ClaRu DeVillie: 105 Spruce St., Fredericktown (573)783-3393

Farm Villa: 739 Hillsboro Rd. Farmington (573) 760-1492

Meadows of Fredericktown (573)818-2711

Oak Terrance Apartments: 111 Spruce St., Fredericktown (573)783-5333 for more information.

Ozark Manor II: 1013 State Hwy Z, Fredericktown, (573)783-8338

Senior Citizens Housing of Fredericktown: 200 Spruce St. Fredericktown (573) 783-2143 For additional areas call East Mo. Action Agency at (573) 431-5191

Stockholm Nursing Home: 611 W. Main St., Fredericktown, (573)783-5039

SUPPORT GROUPS

Alcoholics Anonymous: St. Michael Catholic Church, 400 W. Main, Fredericktown Every Monday at 7pm

A Friend's Place: (Domestic Violence) (800) 663-9929

ADHD /ADD For Adults and Children: (573) 915-6316

AI Anon Family Group: (573) 756-1313 or (573)330-0230

(Help for those whose lives have been affected by someone who drinks.)

Alcoholics Anonymous: (573) 482-4120

American Cancer Society: (800)227-2345

Breast Cancer Support Groups: (636) 933-5757— Women's Wellness Center
Cancer: (800) 4 CANCER

Carter's Clubhouse: Children's Grief Program (573) 701-2504

Celebrate Recovery: Calvary Church (573) 783-5731 Meets every Sundays Door open at 5pm, large group at 6pm, small group at 7pm

Family Support Crisis Line: (800) 950-6264

Family Violence Survivors: (573) 358-3913

Madison County Recovery Allies: 129B E. Main St. Fredericktown (573)746-1820

Providing support services for those with substance use & mental health issues in Madison County. Walk-ins Welcome Mon-Fri 8am-5pm. Open Recovery Group Thurs. 5:30pm-6:30pm.

Missouri Protection and Advocacy Services for those with Disabilities:

1-800-392-8667/1-800-975-6076/TDD 1-800-735-2966

NAMI (National Alliance for the Mentally Ill) of Southeast Missouri: (573) 330-1104 (Meets 2nd Thursday of the month at 7:00 p.m. - for family and consumer)

Narcotics Anonymous: Madison County Ambulance District, 126 River Bluff Dr, Fredericktown Every Friday at 6pm; Zoom Option: Meeting ID: 831 391 4810 password: Serenity

New Beginnings Grief and Loss: (573) 760-3609

New Life Recovery: 600 Sargent Dr., Fredericktown (573)944-4010 Support Group Meetings Every Thurs. at 7PM

Overeaters Anonymous: (314) 638-6070

Sexual Assault Victims: (573) 358-3913

SEMO Behavioral Health: (573) 664-1629

SEMO Family Violence Council: (573)358-3913/1-800-663-9929

Weight Watchers: (800) 651-6000

THRIFT SHOPS

Madison County Senior Center Thrift Shop (Inside Senior Center): 107 Spruce St, Fredericktown (573)783-2553
Open Tues-Thurs. 10am-4pm & Fri. 9am-3pm

Madison County Workshop Thrift Store: 425 N. Chamber Dr., Fredericktown (573)561-1460 Mon.-Fri. 10am-4pm, Sat. 10am-2pm

Main Street Memories: 123 W. Main, Fredericktown (573)561-1030
Mon.-Fri. 9am-4pm & Sat. 10am-3pm

Goodwill Store: 696 Potosi St., Farmington (573) 760-9252

Open Monday-Saturday 9 am - 8 pm; Sundays 10 am - 6 pm

Ministerial Alliance Thrift Store: 765 Weber Rd. Farmington (573)756-1794
Mon-Sat. 9am-5pm

FPAC Second Chance Resale Store: 2901 Hwy 67 South, Farmington (573)756-8658 Tues.-Sat. 10am-4pm

Veterans & Military Information

Cape Girardeau Veterans Home: 2400 Veterans Memorial Dr., Cape Girardeau (573)290-5870

Family Assistance Center for Military Families located at **Missouri National Guard Armory, 2626 Independence St., Cape Girardeau, MO 63703 (573) 339-6206** Serving all of Southeast Missouri. Information and referral services to essential resources for all military families.

Homeless Veterans Hotline: (877)424-3838

Hope For The Warriors: (877)246-7349 Provides comprehensive support programs for service members, veterans, and military families that are focused on transition, health and wellness, peer engagement, and connections to community resources.

John J Pershing VA Medical Center: 1500 N Westwood Blvd., Popular Bluff (573)686-4151/ Mental Health Care (888)557-8262

L.I.F.E. Center for Independent Living: 725 E. Karsch Blvd, Farmington (573)756-4314/(800)596-7273 lifecilmo.org In home services such as personal care for veterans, Medicaid & private pay including assistive technology & recycle/reused durable medical equipment.

Missouri Veterans Home: 620 N. Tucker Blvd., St. Louis (314)265-3271

Recruitment: Refer to Education/Job Training Section

VA Clinic: 1580 W. Columbia St., Farmington (573) 760-1365

Veterans Benefits: (800 827-1000

Veteran's Crisis Line: 988

Veteran's Employment Assistance: 403 Parkway Dr., Suite A, Park Hills (573) 518-2431 Provides services to veterans helping them overcome barriers to job readiness & find employment or continue their education. Numerous other services available.

IMPORTANT NUMBERS

Abuse, Elderly	(800) 392-0210
American Red Cross	(314) 516-2800
BJC Behavioral Health Crisis Hotline	(314) 469-6644
Cancer Information	(800) 422-6237
CDC (Disease) Information	(800) 232-4636
CHADD/ADHD/ADD	(800) 233-4050
Child Support Enforce	(800) 859-7999
Child Abuse Hotline	(800) 392-3738
Center for Stuttering	(800) 221-2483
Community Counseling Center Crisis Hotline	(800) 356-5395
Crisis Pregnancy Intervention 24 hour Hotline	(800) 395-HELP
Domestic/Family Violence Shelter	(800) 663-9929
Drug Abuse & Referral	(800) 662-4357
Epilepsy Found. of USA	(800) 332-1000
Family Support Crisis Line	(800) 811-4760
Federal Tax Info./IRS	(800) 829-1040
Food Stamps/Medicaid/S.S. for the Blind	(800) 392-1261
Hearing Information	(800) 622-3277
Free 1 minute hearing test over the phone	(800) 222-3277
Hotline Info. Listing #'s	(800) 555-1212
Legal Aid Services	(800) 748-7456
Literacy	(800) 521-7323
Medicare Assistance	(800) 390-3330
Mental Health Crisis Line	(800) 356-5395
Missouri Tobacco Quitline	(800) 784 -8669
Missing/Exploited Child	(800) 843-5678
Mothers Against Drunk Driving (MADD)	(800) 438-6233
National Maternal Mental Health Hotline	(833)TLC-MAMA
Parent Link Resources	(800) 552-8522
Poison Control	(800) 392-9111
Rape/Domestic Sexual Assault Crisis	(800) 548-2480
National Runaway Safe Line — Home Free Trips to Parent Guardian (Referral for teens in crisis.)	(800) RUNAWAY
Schoolviolencehotline.com	(866) 748-7047
Suicide & Crisis Lifeline (Call, Text, Chat)	988
Sudden Infant Death Syndrome	(800) 421-3511
Teen Suicide Prevention (Staffed by youth after 4 p.m.(888) 644-5886 (Staffed by adults 24 hrs.)	
Women Infant Children (WIC)	(800) 392-8209



American Red Cross
Provides relief to victims of disasters and helps people prevent, prepare for, and respond to emergencies.
10195 Corporate Square, St. Louis, MO 63132
(314) 516-2800 or (314) 516-2700

Missouri Family Resources

Search and connect to resources, community programs, and childhood services for families.



www.Familyresources.mo.gov

1-866-583-2392



988
SUICIDE & CRISIS LIFELINE MISSOURI

NEED SUPPORT?

CALL, TEXT, OR CHAT 988

